# rafalgar NEWSLETTER OF TRAFALGAR ASSOCIATION TIMES

Spring 2024

THE

HOUSING

# **Office Closure** Dates

Please note the office closure dates below for the Spring period.

- Friday 29th March 2024 (Good Friday)
- Monday 1<sup>st</sup> April 2024 (Easter Monday)
- Monday 6<sup>th</sup> May 2024 (May Day)
- Friday 24<sup>th</sup> May 2024 (Spring Holiday)
- Monday 27th May 2024 (Spring Holiday)

Should you have an EMERGENCY **REPAIR** during these times please contact Bield on 0800 783 7937.

**Trafalgar Housing Association** 430a Dumbarton Road, Dalmuir, Clydebank G81 4DX Tel: 0141 952 4676 Web: www.trafalgarha.co.uk

# Rent Increase

As you are aware, we recently completed our consultation process about our proposed rent increase and review of our service charges for 2024/25. We consulted with our tenants and received 2 responses in relation to this. We understand the importance of ensuring that our rents are affordable for our tenants whilst also continuing to provide you with high quality and essential services. A rent increase of 7.5% has been agreed and will be applied to rents from 28th March 2024. The service charge has increased to £18.15 per month and the estate charge has increased to £11.84 per month. Our rents are currently well below the Scottish average.

#### Please see below for any action you need to take if you pay via the following -

Universal Credit - you must update your claim through your online portal on or very shortly after the 28 March 2024. It is your responsibility to update your housing costs, and any delays could result in rent arrears.

Housing Benefit - we have notified West Dunbartonshire Council Housing Benefit Team of this increase. You should check the correspondence you receive from them to ensure that you have been awarded the correct level of housing benefit. **Direct Debit** - we will advise your bank of the revised amount. Please check any correspondence received from Allpay to ensure that the amount is the same as your new rent charge.

**Standing Order** - you must contact your bank to amend the payment details in line with your new rent charge.

**BACS** – you must ensure that the correct payments are made in line with your new rent charge.

If you are struggling to pay your rent we are here to help. Please get in contact with us by calling the office on **0141 952 4676** to arrange a chat with the Housing Management Team.

# **Cost of Living Help!**

Trafalgar Housing Association know our tenants are struggling with the cost of living. The high cost of energy, food and all round living costs mean that people are finding it impossible to keep up, worrying about debt or falling behind on bills!

We are working with the **Citizens Advice Bureau** to offer advice and support for our tenants. If you have anything you would like advice on, then please contact us and we will make a referral to Phil at CAB who can assist you with a wide variety of concerns including –

- Applying for benefits
- Carrying out a benefit check to find out if you may be entitled to benefits
- Debt and Money Advice
- Moving onto a Pension
- Consumer Advice

Phil will hold appointments via telephone or in our office. Contact us know if you would like a referral.

Trafalgar Housing Association are also working in partnership with **Community Links** who are able to provide assistance and help with energy advice. Many of you may have already spoken to Emma Kelman, Energy Advisor, as she has been helping to distribute funding. The Energy Advice Service will support households to prevent fuel poverty, tackle fuel debt and reduce household energy consumption through better energy usage. The Service will provide advice, advocacy and support, focusing on small, practical changes to reduce energy usage in the long-term.

As well as dealing with emergency fuel issues, the service will focus on addressing multiple fuel poverty issues promote resilience against fuel poverty and developing skills and confidence to take control of their energy use and bills.

Please get in touch if you would like us to make a referral. Alternatively, you can contact Community Links directly by email - energy@comlinks.org.uk

# Let us know!

Please let us know if there has been any changes to your household details – even if it is just your contact number. It is important that we have up to date contact details to ensure that you are not missing out on any opportunities to engage with Trafalgar Housing Association or in the event that we need to contact you in an emergency!

It is also really important that you let us know if there are any changes to your household, such as someone moving in or out. This can have an impact on the amount of benefit you may receive as well as impact any tenancy changes you want to make. Please email **HM@trafalgarha.co.uk** or give us a call on **0141 952 4676** to ensure that your details are up to date.

# Committee Meeting Updates

Our last Committee meeting was held on Wednesday 31<sup>st</sup> January 2024 remotely over Microsoft Teams.

## Items of interest discussed at our recent committee meetings:

- Committee Member
  Appraisal Update
- Business Planning Projection Update
- Draft Budget
- Housing Management
  Update

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• Complaints Update

- Health and Safety
- Directors Report

#### Where can I view the minutes from the Committee meetings?

The minutes from our Management Committee meetings can be viewed on our website at **www.** trafalgarha.co.uk under the 'Documents' section

# Contacting Staff

We would appreciate if you can please refrain from contacting staff direct or reporting repairs to individual phones or email addresses. This is to ensure that all repairs or matters are responded to in a timeously manner. If a staff member is off on holiday or off sick then these will not be picked up until their return. We would ask that all repairs are reported to the **repairs**@ trafalgarha.co.uk or admin@ trafalgarha.co.uk email address or via the office phone on 0141 952 4676. We would also appreciate if staff are not contacted during non-working hours. If you have an emergency please contact our out of hours team at BIELD on 0800 783 7937. Thank you

# New Housing Officer

All at Trafalgar are delighted to welcome our new Housing Officer, Samantha Dennis to our staff team. Samantha started with us on the



26<sup>th</sup> February 2024 and she is looking forward to meeting you all and working with our Trafalgar community.

# **Community Whatsapp!**

We will be setting up a Whatsapp chat and if you have an up to date contact number we will add you to the community chat. This will allow Trafalgar HA staff to make announcements via Whatsapp to our tenants. We will be sending invitations soon, if you don't want to join the group you can decline the invitation at any time. Please be assured that only THA staff can see who members are so no contact details will be shared.

# **Grant Funding**

We are delighted to have been able to help 93 of our tenants via the Scottish Government's Social Housing Fuel Support Fund. Our tenants have received items including fuel vouchers, energy advice, air fryers, slow cookers, soup makers, bedding and vouchers for thermal curtains.

Due to the number of applications received and our limited funding we were unable to provide those who applied with everything they asked for; however we are delighted to have been able to allocate at least one requested item to everyone.

If you applied for the fuel support voucher you should have already been contacted by Emma from Community Links. If you have not been contacted and you believe you should have been please contact the office and we will look into it.

The Association's staff are once again delighted to be able to do all we can to help our tenants during these difficult times, and we would to thank Dalmuir Park Housing Association for

all their work and help to organise such a large project.

# **BIKE SHEDS**

We still have spaces in our bike sheds in Trafalgar Street and Spencer Street.

Should you wish to get a space for your bike in one please contact the office on **0141 952 4676** or email **admin@trafalgarha.co.uk** 









# Good Neighbour Award

#### Nominate your Neighbour for an Award

#### Is your neighbour one in a million? Do they make a difference to your life or the lives of people in your community?

This is a chance for you to say 'thank you' to a neighbour who goes out of their way to help you and others, someone who shows kindness and consideration.

The winner of this award receive £50 worth of vouchers and a certificate. We would also like the winner to be featured in an article on the award and why they won it in our next newsletter.

If you would like to nominate your neighbour for this award please send an email to **admin@trafalgarha.co.uk** or write to our office at:

#### Trafalgar Housing Association, 430a Dumbarton Road, Dalmuir, G81 4DX, Clydebank

In the email or letter please include the name of the person that you would like to nominate, the reason why you think they should win the award and their address.

Unfortunately, we cannot accept nominations from relatives or anyone living in the same property.

# Enter our 2024 Garden Competition

# Calling our green fingered gardeners!

As Spring is in the air we are pleased to announce that our annual Garden Competition will take place again this year. This year's gardening competition will be judged by Stephen MacDonald, our clerk of works in July/August time. This will give you plenty of time to get those plants in full bloom! All garden areas of all shapes and sizes will be considered - we love to see our tenants take pride in their garden areas!

All entries will be judged in July/August 2024. The winner and our runners up will be announced at our next AGM and will receive a prize. Photos from the winning gardens will be printed in the Autumn edition of our newsletter.

Happy Gardening!

# **GambleAware**

National Gambling Support Network

# National Gambling Support Network

The National Gambling Support Network, formerly known as the, 'National Gambling Treatment Service', is a group of organisations across Great Britain who provide free, confidential and personalised support for anyone who's experiencing problems from gambling, as well as those affected by someone else's gambling.

#### Not Sure Where to Start?

We can help you find the right person or place for support based on what you need and where you are. You can contact the National Gambling Helpline and our confidential advisers will help you find what is right for you. Their service is available 24/7 and is always free.

You can call them on **0808 8020 133** or start a one-to-one chat via the Gamble Aware website.

Spot the signs: when gambling becomes harmful

Although many people who gamble don't experience harms, there is always a risk that gambling can become harmful. Gambling harms can happen to anyone and they're often hard to spot, so understanding the signs is an important step towards getting the right support.

#### What are the signs?

Gambling harms can be anything that negatively impacts

the life of the person gambling, or the life of those around them. Here are a few of the signs of gambling harms to be aware of:

**Chasing losses -** This can also lead to borrowing money, selling possessions or avoiding bills to fund gambling.

**Feeling guilty, anxious, or irritable -** Financial or other troubles may begin to have an impact on mental health.

**Hiding gambling, or lying about it -** Gambling can cause feelings of shame, which can lead to it being kept secret; gambling in secret often makes it easier to lose track of time or money.

**Spending increasing amounts of time or money -** Finding it hard to stop or manage gambling.

**Always thinking or talking about gambling -** Struggling to concentrate, losing interest in other activities, or neglecting personal responsibilities; which can lead to further issues with work and relationships.

No matter how you are feeling, there is help available from the National Gambling Support Network. Whether you are gambling, or you're worried about someone else who is gambling, they provide free confidential advice that is tailored to your situation 24/7. **Call today on 0800 8020 133**.



# Free Swimming

All West Dunbartonshire schoolchildren can enjoy free swimming 11.00am to 3.00pm from Friday 29 March to Sunday 14 April (£1.00 all other times). Free juvenile gym sessions for 12-15 year olds are available 12noon – 4:00pm, as well as half price juvenile gym inductions. Don't forget a valid Leisure Card is required to benefit from these special offers.

The 2024 Spring Break programme in the 3 WDC leisure centres includes a variety of fun activities from Bounce Busters, Mini Movers, Mini Activators, Baby Bubbles for under 8's to 4 & 5 day fun camps and pool fun sessions for 8 to 12 year olds. As places are limited for some activities it is advisable to book to ensure a place for your youngster and avoid disappointment. Grab a badminton bargain at Clydebank Leisure Centre,



only £5.00, (usual price £9.35)

WDC Sport Development Team has a range of high quality holiday camps on offer across West Dunbartonshire. These camps are delivered in specific high schools and operate from 9am – 3pm each day. There are gymnastics, football, multi sports camps that all focus on providing a quality coaching experience in a fun, safe and welcoming environment.

For further detail and information on how to book please visit:

https://www.west-dunbarton.gov. uk/leisure-parks-events/westdunbartonshire-leisure/holidayprogrammes/spring/



# Waste Disposal

## Bulk Uplift

Please remember that bulk uplifts take place on the last Friday of each month! Please contact us on **0141 952 4676** to let us know you have an uplift and to ensure that your collection is not missed.

## Recycling

Please help us to recycle more by putting the following items into your blue bin.

#### Paper products including:

- Newspapers
- Magazines
- Brochures
- Leaflets
- Soft-backed catalogues
- Envelopes including window envelopes
- Unwanted mail (no cellophane)
- Telephone directories (including Yellow Pages)
- Office paper
- Copier, fax and note paper.

#### Cardboard and cartons including:

- Cereal boxes
- Ready meal sleeves (no food trays)
- Cardboard egg boxes (no polystyrene types)
- Food and drink cartons e.g. fruit juice cartons, soup, milk or custard cartons
- Toothpaste boxes
- Insides of kitchen rolls and toilet rolls

- Cardboard packaging (no polystyrene or other plastic packaging)
- Boxes from toys, games and household goods (no plastic packaging).

## Plastic bottles (clear and coloured) including:

- Fizzy drinks Coca-Cola, Irn-Bru, etc.
- Water Highland Spring, Evian, etc.
- Beer, lager or cider (no liquids)
- Detergent Persil, Bold, etc.
- Household cleaners Mr Muscle, Domestos, etc.
- Fabric softener Comfort, Lenor, etc.
- Washing up liquid Fairy, etc.
- Shampoo & conditioner
- Liquid hand wash
- Cosmetics.

Please remember to remove all lids from plastic bottles, labels do not need to be removed.

#### Plastic tubs including:

- Yoghurt pots
- Butter/margarine tubs
- Clear plastic fruit tubs
- All tubs need to be rinsed out to remove all food residue
- Aluminium drinks cans and foil including:
- Fizzy drinks cans Coca-Cola, Irn-Bru, etc.
- Beer cans Tennents, Guinness, etc.

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• Cider cans - Woodpecker, Strongbow, etc.

- Aerosol cans Hairspray, Deodorant, etc.
- Clean Aluminium foil pie cases
- Clean Aluminium foil cake cases
- Clean Aluminium fast food trays\_\_\_\_\_\_
- Clean tin foil
- Metal lids
- Steel food tins including:
- Soup tins
- Baked bean tins
- Vegetable tins Tomatoes, mixed veg, etc.
- Fish tins Tuna, salmon, etc.
- Meat tins Corned beef, Fray Bentos, etc.
- Pet food tins
- Baby food tins
- Biscuit tins

Please rinse any food or drink from bottles, cans and tins to reduce any contamination.

## Please do NOT place into your blue bin:

- Glass
- Food waste
- Plastic bags
- Plastic film and black plastic food trays
- Polystyrene or other plastic packaging material
- Paint tins
- Foil wrapping paper
- Hard backs from catalogues (inner pages can be recycled)
- Photographs
- Paper/kitchen towels
- Cardboard contaminated with food e.g. Pizza take-away boxes.

# Universal Credit Migration UC Universal

Universal Credit is replacing 6 benefits called 'legacy benefits'. These are:

- Housing Benefit
- income-related Employment and Support Allowance (ESA)
- income-based Jobseeker's Allowance (JSA)
- Child Tax Credits (CTC)
- Working Tax Credits (WTC)
- Income Support

You can't usually make a new claim for these benefits.

If you already get one of them, you'll have to move onto Universal Credit by 2029.

If you've had a letter telling you to claim Universal Credit

What you have to do depends on what's in the letter.

If the letter gives a deadline for you to claim Universal Credit, it's

a 'migration notice'. The deadline should be at least 3 months after the date the notice was sent.

If your letter doesn't have a deadline, you don't have to claim Universal Credit unless you want to - even if the letter says you'll have to claim Universal Credit in future. You won't be able to go back to your old benefits after you claim.

#### If you've got a migration notice

#### You should claim Universal Credit by the deadline on the letter.

Your old benefits will stop after the deadline. If you claim Universal Credit before the deadline, the DWP might pay you extra to stop you being worse off. This is called 'transitional protection'.

This means that if you'd get less on Universal Credit than your old benefits, you'll get an extra amount to make up the difference. The DWP will reduce the extra amount over time - so you'll eventually just get what you normally would on Universal Credit.

Transitional protection also means you might be able to get Universal Credit when you wouldn't usually be entitled to it. If you:

- are a full-time student who wouldn't usually get Universal Credit, you can usually get it until the end of your course
- get tax credits and have over £16,000 savings, you can get Universal Credit for up to a year - this is a type of transitional protection called a 'transitional capital disregard'

# If you can't claim by the migration deadline

If the deadline hasn't passed yet, you can ask the DWP to extend it. You can only ask for this before the original deadline in the letter. If the DWP agree, they'll send you a new deadline.

If the deadline has passed, you can still get transitional protection if you claim Universal Credit up to a month after the deadline. The end of the month is called the 'final deadline'.

If you claim after the final deadline, you can still claim Universal Credit - but you can't get the transitional protection.

Please contact us if you would like a referral to Phil at Citizens Advice who can provide advice and support throughout the migration period.

# OKFP Art N SOUL GROUP

OKFP's fantastic Art& Soul Group is back on Monday's at 12:30.

All paints, brushes and canvases are provided free of



charge so why not pop in and meet some new friends. You can also enjoy a chat and a free lunch.

All are welcome including absolute beginners – there are paint by number canvases available which are very easy to follow.

# OKFP Knitting BEE

OKFP Knitting Bee is on every Wednesday 2pm-4pm in the OKFP Hub in the Napier Hall. You can bring along any knitting or crocheting you are working on or have a look at some new patterns they have there. Needles, wool and patterns can all be supplied free of charge. You can also pop in for a cuppa and perhaps learn a new skill while you are there!



# **OKFP Hub and Chatty Café**

OKFP Hub and Chatty Café have moved! They are now located in the Napier Hall, 312 Dumbarton Road, Old Kilpatrick, G60 5JH.

Food Pantry is open Monday to Friday 12-2

#### Chatty Cafe is open Monday to Friday 12-4

Please do not struggle. OKFP are there to help everyone no matter what your household situation is – there is no judgement and absolutely no refusal. They will help everyone regardless if you are unemployed, working, retired or a student.

- \*Free Community Pantry
- \*Free Pet Food

They also have food waste tables available and are unlimited – please bring your own carrier bag for this.



# **OKFP Kids Holiday Club**

OKFP are running a free holiday club for children over the Eater holidays in the OKFP Hub in the Napier Hall.

Starting on Tuesday 2<sup>nd</sup> April there will be different activities each week day until Friday 12<sup>th</sup> April. They will have arts and crafts, fabric painting, nature adventures, jewellery making, baking and lots more. Check out their Facebook page for the full timetable.

OKFP Kids Club will be run by

IT'S BACK OKFP'S KIDS EASTER CLUB

volunteers and children will receive a free lunch, snack and sweet treats every day. All children must be accompanied by an adult.

# **OKFP Ladies Walk n Talk**

OKFP Ladies Walk 'n' Talk group runs every Friday for weekly leisurely walks around the village of Old Kilpatrick. This may not suit more professional walkers as it is definitely more about the talking than the walking. No challenges or difficult paths to negotiate, just a pleasant local walk making new friends.

The group will meet at the Napier Hall at 12:15pm where you can pick up a free bottle of water before heading off around 12:30pm. There will be a midway pit stop at the The



'wee' Chatty Café takeaway and then back to the hub in the Napier Hall for a cuppa and more chatting. It is expected you will be out for around 2 hours doing approximately 10,000 steps.

If you are interested in taking part message **07368 496836**.

TIMETABLE COMING SOON

If you happen to have any easter eggs left over here is a fun and tasty way to enjoy them.

#### Ingredients

- 1 x 150g hollow Easter egg
- 2 x 100g hollow Easter eggs
- 150g digestive biscuits
- 60g butter, melted
- 600g full-fat soft cheese
- 200ml double cream
- 75ml soured cream
- 1 tsp vanilla bean paste or extract
- 75g icing sugar, sifted

## **TO DECORATE**

- mini Easter eggs
- chocolate bunnies

## Step by step

Leftovers keep for up to 3 days in the fridge.

- Unwrap and carefully split the Easter eggs open to give 6 half-shells. If the chocolate is too cold they may shatter, so warm gently with your hands before unwrapping any foil.
- Blitz the biscuits to crumbs in a food processor, or place in a food bag and bash with a rolling pin. Transfer to a bowl, add the melted butter and stir until well combined. Divide between the eggs and carefully press down to create an even layer. Chill in the fridge while you make the filling.
- Put the soft cheese in a bowl with the double cream, soured cream, vanilla and icing sugar and beat with an electric whisk until smooth and thickened. Remove the chocolate shells from the fridge and fill each one with the cheesecake mixture, using a palette knife to smooth the surface.
- Decorate with mini Easter eggs using an assortment of whole and roughly chopped ones – and chocolate bunnies. Chill for a minimum of 2 hours before serving and enjoy!

# Being a Responsible Pet Owner!

All tenants are responsible for the behaviour of their pets. As part of your tenancy agreement, you are allowed to keep one domestic pet but must seek permission from us if you would like to keep more than one pet.

It is disappointing to notice an increase in dog fouling in both areas. If you see anyone allowing their dog to foul, please report it to West Dunbartonshire Council using their online form https://www. west-dunbarton.gov.uk/public-health-protection/ street-care-and-cleaning/report-dog-fouling/ Irresponsible dog owners could face a £80 fixed penalty, rising to £100 if not paid within 28 days. We have biodegradable poop scoop bags available free of charge from our office or at the following locations in Clydebank:

- Asda, Clydebank Shopping Centre
- All Clydebank Libraries
- All Clydebank CE Centres
- All Clydebank Police Office, Montrose Street
- Centre 81
- Knowes Housing

# New safeguards on XL Bully dogs that have developed by Scottish Government

As you are aware, Trafalgar Housing Association does not allow tenants to keep dogs banned under the Dangerous Dog Act 1991; or any other law.

The first stage of the new rule regarding XL Bully dogs came into force on 23 February 2024.

XL Bully owners in Scotland must ensure their dogs are muzzled and on a lead when in a public place.

Selling, gifting or exchanging XL Bully dogs is also now prohibited.

It remains legal to own an XL Bully dog with no new legal rules on ownership of an XL Bully dog applying as yet.

However, that will change when **the second stage** of the new rules comes into force on 1 August 2024. From that date, it will be against the law to own a XL Bully dog without an exemption. Subject to consideration of the regulations by Scottish Parliament, owners can apply for certificates of exemption between 1 April to 31 July 2024. Owners of an XL Bully dog will need to apply for an exemption on or before 31 July 2024 to be able to continue to legally own their dog. Trafalgar Housing Association will be following the safeguards set out by the Scottish Government and will take action against any tenant who we believe is in breach of the law.



# Trafalgar Housing Association Quarterly Tenant Satisfaction Results

Every quarter the Association carries out tenant satisfaction surveys to obtain your views on the services we provide.

This information is reported back to the Scottish Housing Regulator and it will helps us to continuously improve our services and ensure that they are designed and delivered to meet your needs and expectations.

We would like to say thank you to each person who has taken the time to provide us with feedback to help drive improvement on the services that we provide. What you told us this Quarter

## 90%

satisfied with the quality of their home

#### 95%

satisfied with management of the neighbourhood

## 95%

satisfied with being kept informed

90%

with overall

service

**95%** 

satisfied with opportunities to participate

## 90%

satisfied with the quality of repairs and maintenance service

100%

satisfied with value for money

# Join our Management Committee

We are actively looking for local residents from Trafalgar Street/Dumbarton Road area and the Terraces/Radnor Park area to join our Management Committee.

You will join a fantastic group of members, take part in making important decisions for the Association and play your part to make a positive impact for your community

This is a voluntary unpaid role. New members will be provided with necessary equipment and comprehensive training. Meetings take place in the evening once every 4 weeks and are currently conducted remotely using Microsoft Teams.

## How do I join?

If you wish to join the Management Committee you must firstly become a General Member of the Association (see page 15). If you apply you could be invited on to fill any 'casual vacancies' that exist. However, you would then need to be formally elected at the next AGM (Annual General Meeting) which takes place every September.

If you are interested in this opportunity please visit our website at www.trafalgarha.co.uk and download an application form and recruitment pack from the 'Get Involved' section of our website.

### Have you thought about becoming a housing association committee member?

#### It's a great way to volunteer in your community and help change it for the better.

Local housing associations provide affordable rented housing for a wide range of people who need it. They provide quick, efficient repairs and other services, and some are also involved in building new homes.

Community based housing associations often provide all kinds of other services to support local people – such as benefits and fuel advice, help with getting into employment, and places for people to hold meetings and community activities.

Housing association staff members are paid professionals, but associations are run by voluntary committee members, and usually the majority live in the local area.

#### Here are some of the benefits of serving on the committee...

## Benefits for you

- Gain confidence, build a sense of achievement, improve your self-esteem and have a new sense of purpose.
- Develop your understanding, skills and knowledge, add to your CV, and potentially open new career paths.
- Be involved in a stimulating and mutually supportive environment where your views are heard.
- Meet new people, develop friendships, and socialise with others with a shared commitment.
- Attend social & networking events, as well as training courses, to build up your skills.
- Open up opportunities to apply to serve on important national/regional bodies in the housing sector.
- Become a part of one of the most important and effective movements for physical and social improvement that has happened in Scotland over the last 40 years.
- Get personal satisfaction from giving something back to the local community whilst making a real difference.
- Broaden your horizons and have fun along the way!

# Benefits for the association and the wider community

- You'll help to raise awareness of the Association's work both within the local community and beyond.
- The time and energy you commit to the Association will directly contribute to its work in improving the quality of life for tenants and the wider community.
- You can help to ensure good quality housing and services.
- As a voluntary committee member you'll join hundreds of local people and other volunteers who play such a crucial role in taking forward the work of community controlled housing associations in Scotland.



# BECOME A GENERAL MEMBER OF TRAFALGAR FOR JUST £1



Anyone can become a General Member of the Association as long as you are aged 16 or over and meet the requirements set out in our rules which are available to view online at: www.trafalgarha.co.uk/ becoming-a-general-member.

Membership costs just £1 and you will remain a member for as long as your reside within the area.

By becoming a member of the Association you are eligible to vote at the AGM, which takes place every September. This will allow you to influence how the Association operates.

To become a member of Trafalgar Housing Association please fill out the information below, cut out this application form and return it to our office.

I would like to apply for membership of Trafalgar Housing Association and I have enclosed £1.00 for one share.
Name:
Address:
Telephone:
Email:

I would like to hear more information about joining the Management Committee YES / NO

# **Join Our Residents Panel**

After a long break we are looking to re-instate our Residents Panel. This is a great opportunity for you to get involved in the association and help improve our standards of service.

The Residents Panel will discuss and give their view on different aspects of the association's services and performance and advises where improvements could be made. The panel may also be consulted on policies that affect residents and other service users.

We are hoping to hold the next Residents Panel meeting in May in the office, or via Microsoft Teams if preferable for you, and discuss the following topics:

- The role of the Residents Panel
- Close cleaning
- Ground Maintenance

• Tenant Satisfaction Results

This a voluntary unpaid role that will allow you to meet your neighbours, enhance your skills and experience and positively impact your local community.

We appreciate that your time is valuable, so we'll make sure that we don't take up too much of it.

Our Residents Panel will meet monthly for around an hour/hour and a half and if you attend in person we will supply tea and biscuits!

If you would be interested in joining our Residents Panel please email us at admin@trafalgarha.co.uk or you can call us on 0141 952 4676.

If you are interested and would like to attend one of our meetings before committing to join our panel please get in touch and we will arrange this.

# USEFUL TELEPHONE NUMBERS

TRAFALGAR HOUSING ASSOCIATION0141 952 4676EMERGENCY REPAIRS (OUT OF HOURS)Bield0800 783 7937

#### POLICE

Emergency 999 Non- Emergency 101

#### MENTAL HEALTH SERVICES

Breathing Space	0800 838587
CARA (Challenging & Responding to Abuse)	01389 738595
Goldenhill Resource Centre	0141 941 4400
Primary Care Mental Health Team	01389 828203
Riverview Resource Centre	01389 812070
Stepping Stones	0141 941 2929
Samaritans	116 123
Vale Centre for Health and Care	01389 828200

#### WEST DUNBARTONSHIRE COUNCIL

Emergency Homelessness	0800 197 1004
WDC Main Number	01389 737000
WD Carers Centre	0141 941 1550
WD Mental Health Forum	01389 742294
WD Welfare Rights	0800 980 9070

OTHER USEFUL NUMBERS

Lomond & Argyll Advocacy Service	01389 726543
NHS 24	111
West Dunbartonshire CAB	0800 484 0136
West Dunbartonshire Advice Service	01389 776929
West Dunbartonshire CVS	0800 484 0136
Old Kilpatrick Food Parcels	07368 496836
West Dunbartonshire Community Foodshare	0800 345 7050
Crisis Counselling	0141 812 8474
Dumbarton Council on Alcohol - Clydebank	0141 952 0881
Alternatives – Clydebank	0141 951 2420
Women's Self Injury Helpline	0808 800 8088
Trauma Counselling Line	0808 802 0406
Women's Aid Clydebank	0141 952 8188
Y Sort It	0141 941 3308

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